



# THE



# DAILY MANTRA

“The Daily Mantra” is a tool that is simple and easy to use and if used routinely can be very beneficial to your overall **success** and **progress**. Simplicity at its finest, recite the 7 Mantras on the left when you rise and at bedtime recite the 7 Mantras on the right. The key is to say each Mantra with Conviction and Power so the very words can pierce your mind and heart. Be committed and be willing to embrace change and you will be surprised of the outcome.

## MORNING (at sunrise)

1. I am SPECIAL.
2. I am GREATNESS.
3. I can WIN.
4. I can CONQUER.
5. SUCCESS is in me.
6. I will WIN.
7. I am a WINNER!

## EVENING (at bed time)

1. Today, I was SPECIAL.
2. ... I was GREAT.
3. ...I did WIN.
4. ...I did CONQUER.
5. ...I was SUCCESSFUL.
6. ...I did WIN.
7. Today, I WON!